

Edited by Paul Christian Kiti

# Dynamics of the Spiritual Exercises

African Perspectives



  
Paulines

Personal Copy of the Editor!

~~Pauline~~

Edited by Paul Christian Kiti, SJ

# Dynamics of the Spiritual Exercises

## African Perspectives



Paulines Publications Africa

DYNAMICS OF THE SPIRITUAL EXERCISES

© Society of Jesus

Hekima College

P. O. Box 21215, Ngong Road,

00505 Nairobi – Kenya

ISBN 9966-08-045-7

Year of publication 2005



PAULINES PUBLICATIONS AFRICA

Daughters of St Paul

P.O. Box 49026

00100 Nairobi GPO (Kenya)

*Cover Design by Lawrence Mbugua*

*Printed by Kolbe Press, P. O. Box 468, 00217 Limuru (Kenya)*

*Paulines Publications Africa is an activity of the Daughters of St Paul, an international religious congregation, using the press, radio, TV and films to spread the gospel message and to promote the dignity of all people.*

# CONTENTS

<i>Acknowledgment</i> .....	7
<i>Prologue</i> .....	8
<i>Preface</i> .....	9
The Seeds of the Spiritual Exercises in the Autobiography of Saint Ignatius: <i>Paul Christian Kiti, SJ</i> .....	15
The Principle and Foundation in the Spiritual Exercises of Saint Ignatius of Loyola: <i>Thomas Oguagua, SJ</i> .....	33
Meditations of the First Week of the Spiritual Exercises of Saint Ignatius of Loyola: <i>Fidelis Udahemuka, SJ</i> .....	45
The Trinitarian Gaze on the World: A Perspective on Ecological Concern: <i>Beatrice Wairimu Churu-Ebalé</i> .....	60
Presenting the Call of the King in the Spiritual Exercises of Saint Ignatius in Africa Today: <i>Serge Lorougnon, SJ</i> .....	75
The Second Week of the Spiritual Exercises: <i>Paul Tang Abomo, SJ</i> .....	88
The Two Standards, Three Classes of Men, and Three Classes of Humility: Their Importance and Meaning in the Spiritual Exercises: <i>Daniel Opio Akau, SJ</i> .....	99
Saint Ignatius' Rules for the Discernment of Spirits: A Reading: <i>Fabien Gasigwa, SJ</i> .....	113
The Ignatian Teaching on the Discernment of God's Will. Reading Jules Toner's Discerning God's Will, Ignatius of Loyola's Teaching on Christian Decision Making: <i>Marcellin Mugabe, SJ</i> .....	129
The Third Week: Compassion with Christ: <i>Cecil McGarry, SJ</i> .....	155
Seeking, Finding, and Serving God in All Things: The Fourth Week and the Contemplation to Attain Love: <i>Peter Schineller, SJ</i> .....	165

The Spiritual Exercises and the Challenge of Social Justice in Africa Today: <i>Conrad Aurélien Folifack, SJ</i> .....	174
Spiritual Exercises, The Role of the Director and Psychology: <i>Bienvenu Matanzonga, SJ</i> .....	198
Postscript: <i>Fratern Masawe, SJ</i> .....	212
<i>Epilogue</i> .....	215

This book is an effort to distill and integrate something of the wisdom gained from the direction of the Spiritual Exercises. My hope is that it may be for all readers, who are sensitive to the African soul and concerned for the development of African spirituality, an aid in an ongoing effort to develop a sensitively inculturated African Christian spirituality. May all, most especially the new generations of African Christians to whom the development of this wisdom is entrusted, be blest in engaging the task.

**Terry Charlton, SJ**, holds a PhD in Systematic Theology and lectures at Hekima College. He is the Founding Director of Zaidi Centre for Ignatian Spirituality and also serves as National Chaplain of Christian Life Community and as Vocation Promoter of the Society of Jesus in the Eastern African Province. He has published and edited many books and articles.

**Paul Christian Kiti, SJ**, holds a Master's Degree in Philosophy and has lectured in the same area. He is currently completing his Theology Studies at Hekima College.

**Thomas Oguagua, SJ**, is from Nigeria and is completing his Theology Studies at Hekima College.

**Fidelis Udahemuka, SJ**, belongs to the Eastern African Province and is in his final year as Student at Hekima College.

**Beatrice Wairimu Churu-Ebalé** is a wife and a mother of three children. She is the current chairlady of Christian Life Community (CLC) – Kenya. Her Studies are in Education (B.Ed.) and Social Anthropology (M.A.). Currently she works and teaches in Tangaza College of the Catholic University of the Eastern Africa.

**Serge Lorougnon, SJ**, holds a B.Sc. in Physics and Communication and is currently completing his Theology Studies at Hekima College.

**Paul Tang Abomo, SJ**, holds a Master's Degree in Philosophy and has lectured in the same area. He is currently a Second Year Theology Student at Hekima College.

**Daniel Opio Akau, SJ**, is a Sudanese Jesuit. He holds a Postgraduate Diploma in Education and is currently in his final year as Theology Student at Hekima College.

**Fabian Gasigwa, SJ**, belongs to the Rwanda-Burundi Region; he is currently completing his Theology Studies at Hekima College.

**Marcellin Mugabe, SJ**, belongs to the Rwanda-Burundi Region; he is currently completing his Theology Studies at Hekima College.

**Cecil McGarry, SJ**, holds an STD in Theology. He has served at Hekima College as Professor of Systematic Theology, Dean of Studies and Rector. He is currently Retreat Director at Mwangaza Jesuit Spiritual Centre.

**Peter Schineller, SJ**, holds a PhD in Systematic Theology. He has lectured at the Jesuit School of Chicago, at Weston College (USA) and at the Catholic Institute of West Africa. He is currently Lecturer and Librarian at Hekima College. He has published and edited several books, booklets and articles.

**Aurelier Conrad Folifack, SJ**, holds a B.Sc. in Physics and is currently completing his Theology Studies at Hekima College.

**Bienvenu Matanzonga, SJ**, holds a B.Sc. in Psychology. He is currently completing his Theology Studies at Hekima College.

**Fratern Masawe, SJ**, has served as Provincial of the Eastern African Province. He is currently the Moderator of the Conference of the Jesuit Superiors of Africa and Madagascar.

